

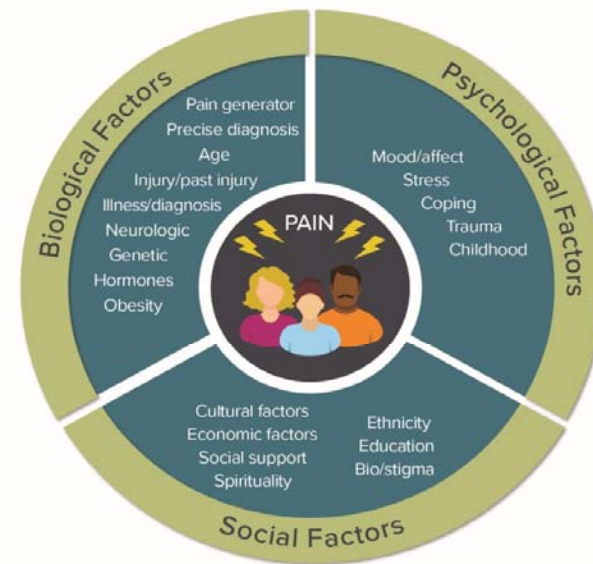
Approach to Pain Management: The Biopsychosocial Model of Pain Management

Key components of the **biopsychosocial model**:

- Biological Factors (e.g. diagnosis, age)
- Psychological factors (e.g. mood, stress)
- Social factors (e.g. social support, spirituality)

Aim to improve:

- Overall pain experience
- Physical functioning,
- Activities of daily living
- Quality of life (QOL)



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